

ANCIENT LANDMARK LODGE NO. 5

Ancient Free and Accepted Masons



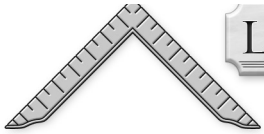
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LOOK TO THE EAST



Upcoming Events

Greetings one and all. If you have not made it to a meeting yet this year, you have missed out. Our LEO this year, James Beavers, has provided us with two wonderful presentations that have left the craft wanting more. Not only do we have another bit of education on the docket for March's meeting, but we will also be treated to a home cooked meal for dinner before we start the business. His is the first of two dinners that have already been offered by Linda Will and Janet Larson, spouses of Senior Steward Dave Roussopoulos and WB Ron Larson, respectively. Thank you in advance, ladies.

Not only have we had two successful meetings so far this year, we have also had a number of social events. We started it off by continuing a precedent set forth by our immediate Past Master with a night at the lodge. Although originally planned to be concluded with a movie, the brothers in attendance choose to continue on with cribbage instead of retiring to the lodge for the planned viewing of Caddyshack.

The next social event was our annual Sweetheart's Dinner. Our first co-ed event of the year was once again held at the Mancini's in Saint Paul and gave our Brethren a chance to show our better halves a night out on the town. It was immediately followed by a night of classic bowling at RanHam Bowling--none of that new-fangled, mechanized ball returns or computerized scoring systems for our lodge.

We will now switch gears from social events and turn to more charitable affairs. On the weekend of March 5th and 6th, our Senior Warden has arranged for our lodge to donate it's time to the Emma Norton Residence which provides rooms for homeless women, children and families who suffer from mental illness, chemical dependency, or both. We will be cleaning, repainting and decorating a room that we have sponsored within the facility.

In the latter half of March we will begin our spring degree season. Our Entered Apprentice degree will be held at the Masonic center on the fourth Thursday of the month, March 24. If you can make that night, a strong showing of support for our candidates is the best way to set them on their Masonic journeys. As always if you are interested in helping with a degree please contact either me or our Secretary.

Fraternally yours,

Terry Mallberg
Worshipful Master, AL5, AF&AM

FROM THE WEST



Giving Lectures

For me, one of the most rewarding aspects of Freemasonry is reciting a lecture. It can be a lot of fun, but also can be very scary if it's your first time or if you didn't prepare like you should have. Whether you're a new Mason or have been around for a while, you should seriously consider studying and giving a lecture at least once in your Masonic career. If you have a desire to serve in the progressive line, it is a must.

First, you must choose a lecture that you enjoy hearing. Think back through your experiences going through the Degrees; was there a lecture that you could really relate to? That's the lecture you want to do. If you care about what you are speaking of, it will appear natural and will make a great impression on the brothers who hear it. Give yourself enough time to study and rehearse the lecture. If you've never done it before, it may be unclear how much time you need. Some people have an easier time memorizing text than others, but that should not concern you.

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Next, you must find a Brother who knows the lecture so they can teach it to you. Remember that when they are teaching you the words, you should be in control of the pace. If they are going too fast, ask them to slow down. Go back and repeat, repeat, repeat. Continue to work with the Brother until you can confidently read every single word. If later on you find yourself forgetting a word and you cannot discern it from looking at the cipher, stop. Do not attempt to guess the word, get help instead. Once you get a wrong word stuck in your head it can be difficult to remove it.

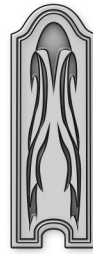
Once you can read the words, it's time to memorize them. I would recommend memorizing small chunks, and then slowly adding on as you go. Do not try to learn the whole thing at once. Recite what you've memorized, but continue to read what you haven't memorized so that you don't forget what the words are. This needs to be a daily ritual, or close to it. Recite in the shower, while you're driving, while you're doing chores around the house. Be careful of your timing and cadence. A tendency for a lot of people is to go too fast, causing them to trip up on their words. Slow down, relax, and try to make the lecture sound as natural as possible. The purpose is to teach something to a new Brother, using archaic English. This is difficult enough to understand, so do your best to make it easier to hear and comprehend. One last thing on memorization. If you try and cram instead of giving yourself enough time to learn, you will most likely blank out when it comes time to give the lecture. I know this from personal experience.

When it is time to give your lecture, do not stray from the timing and cadence you've established while rehearsing or you will get thrown off. Try to project your voice so it is easier to hear and understand; speak from your gut and not your throat if that makes sense. If you miss a word here or there, relax and keep going. If you totally blank, do not get flustered. Take a moment to try and remember. If you have completely forgotten your next line, ask for a prompt. It's ok. When you are done, feel proud and enjoy the commendations you will receive from your Brothers, and be prepared to be asked to give the lecture again.

Johnnie Timm
Senior Warden

Upcoming Schedule

Thursday, Feb. 25th - Bowling Night
Thursday, Mar. 10th - Stated Meeting
Thursday, Mar. 18th - Entered Apprentice Rehearsal
Thursday, Mar. 24th - Entered Apprentice Degree



FROM THE SOUTH

How I Help

In 1997 I became a Master Mason, however the reason for my joining is not for recognition or honors. If I get recognition or honors, then so much the better but I am still not here for that, as none of us should be. I am here for the brotherhood and fellowship. I am here to help out when I can, whether it is our own brothers or one of our many philanthropies. I have enjoyed the fellowship while helping brothers, whether it be raising money for hospitals or helping clean up after a dinner. You will usually catch me trying to help where I can. I have a soft spot in my heart for the children of the world and have participated in Feed My Starving Children, DeMolay volunteering, Jobs Daughters when I can be there and even the Shrine (I love parades!). I have been slowly finding out my background and have found that both grandfathers and one great-grandfather were all Masons. I know that my maternal grandfather always had tickets for the Shrine Circus in Tulsa, Oklahoma. So I am now handing out tickets for the Osman Shrine circus on a yearly basis and can be found helping take those tickets as they come in the door and you might catch me out on the ring floor helping present flags with my unit before a show.

I am also giving out information on a bowling event sponsored by St. Paul Scottish Rite: The Rite Care Bowling for Dollars. This is a fund raiser at Sun Ray Lanes at 2245 Hudson Road in St. Paul on Saturday, May 14 from 12-2PM. Bowling is \$20 and they will be selling raffle tickets for prizes ranging from a large model ship in a case to a brand new snow blower. Some Renaissance leather mugs to swords and this is just the start of stuff being raffled.

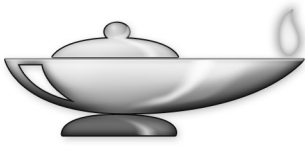
On April 1st at 6pm is the Grand Master's Table Lodge hosted by Montgomery Lodge #258. Cost is \$30 and can be purchased from the Brothers of Montgomery Lodge who are usually hiding in there office while we are having our dinner. So come join a fun night celebrating our Grand Master John R. Gann.

If you would like more information I will be happy to find out more information and get it to you.

Until our next meeting,

Rique Beslin Jr.
Junior Warden





LODGE EDUCATION OFFICER

Masonic Demit

Some brothers have asked: what is a Masonic demit, and how does it affect a brother's standing in the craft? The word "demit" specifically refers to a document granted by the Lodge which certifies that the demission has been accepted by the Lodge, and that the demitting brother is clear of the book. When a brother chooses to demit from a Lodge, he is still considered to be in good standing as a Mason.

The application for demission is a matter of form, and there is no power within the Lodge to refuse it if the applicant has paid all his dues and is free of all charges.

In 1722, a regulation was created that says that no brethren shall withdraw or separate themselves from the Lodge in which they were made without a dispensation; but there is no true way for this regulation to be enforced. For Masonry to continue being a voluntary association, no Lodge holds the power to insist that a brother continue to be connected to it when he no longer wishes to be. However, typically a brother will demit from a Lodge for the reason of joining another Lodge, and he cannot first join the new Lodge without proving first that he is a member in good standing with his former Lodge.

May this information serve you well in the future.

James Beavers
Lodge Education Officer

LETTER FROM THE EDITOR

Hello brethren! It looks like we are well on our way through the year and already several events have been taking place that have made this year fairly busy.

For all of you that were able to attend the Sweetheart's Dinner, I hope that you enjoyed it. I unfortunately was not able to make it due to pre-existing plans, but I hear that it was a fun evening had by all.

Also, one thing that has me somewhat excited is that this year is a leap year. When this newsletter gets out to everyone I believe the leap day will already be past, but I hope that everyone enjoys their February 29th as much as I know I will.

Anyway, on to the proverbial meat and potatoes of this article. I would personally like to make a call out to any and all Lodge members. If you'd like to make any announcements in the newsletter or write a column for it, please feel free and email them to me or hand them to me in paper form at the next Lodge meeting.

My email address is cutler.steidel@gmail.com and I attend most Lodge stated meetings (I can usually be found in the Lodge office before the meeting since I am also acting Treasurer).

Since we are coming to a lull in the year as far as events are concerned, it is important to have enough information to fill the newsletter, and I feel it is just as important for our brethren to hear from other brethren as it is to hear from the officers of the Lodge. Also, if there are announcements from other bodies such as the York Rite, the Scottish Rite or the Shrine, in this newsletter would be a good place for those announcements.

Normally the newsletter article deadline we have set is for the 15th of every month (so in this case, the next deadline is March 15th). We also usually will have a five day buffer between the deadline and when we send the newsletter to the press, but if we have enough material, we will send the newsletter to the presses before the five day buffer is over.

On another topic, since I've been elected Treasurer, I've been very surprised at the amount of work it has been thus far. Taking in checks, making sure the Lodge Management System is up to date with the income and expenses and to make sure it matches with Quickbooks are just some of the duties that are involved with being Treasurer.

But I can't say it's been a thankless job. It's always pleasing to hear a brother's work is appreciated, no matter what work they're doing. One thing I've found refreshing is the amount of support the brethren of Ancient Landmark Lodge #5 give to each other for not only newly admitted brethren, but also brethren who have been around for a number of years and even newly elected officers (which is good, because if I was left to figure out the Treasurer's duties on my own, I'd be way out of my league).

Thank you, brethren, for taking the time to read the newsletter once again, and I sincerely hope to read your announcements and letters from many more of you in the future!

Cutler Steidel
Editor-in-Chief and Treasurer



LODGE of SORROW 2016



And we shall become immortal by our deeds which will live on after us.

Name	Birth	Initiated	Passed	Raised	Celestial Lodge
Robert A Bardwell	12/13/1925	5/7/1953	11/19/1953	12/3/1953	2/8/2016
Edwin Smith	9/25/1924	10/6/1960	11/3/1960	12/1/1960	2/15/2016



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